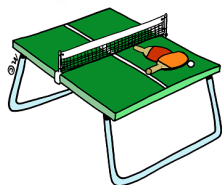


Thurrock Coalition - Sport For You Event



Following on from the Thurrock Coalition “Sport For You” event held in May 2013, lots of work has happened to make lots more sports opportunities a reality for Disabled people in Thurrock.

The Sport For You Steering Group meets monthly. We look at the following issues around access to sport in Thurrock:

- Communication, Publicity, Awareness
- Accessibility
- Transport
- Sustainability
- The Pledges
- Progress made on the Top 5 Sports – Football, Basketball, Swimming, Table Tennis, Archery

There is now a “Sports Bulletin” page on the Thurrock Coalition Site (<http://www.thurrockcoalition.co.uk/sport.html>)

It includes News, Sports Events and Links and the “Sport For You” Access Database



Official Netball Coaching:

Thurrock Lifestyle Solutions has obtained the funds from Active Essex as part of "She is Active" to provide 12 one hour professional coaching slots at the Gateway Academy starting on 10th Sept at 4.30pm this year. Anyone living in Tilbury that would like to attend should contact John Harris (details below). Once the course is over the Ladies will team up with the Stanford Rugby Club Netball Team for continued sessions and unified netball (A game with both disabled and non-disabled players).

Cricket:

Thurrock Lifestyle Solutions has organised a week long coaching school for 20 Thurrock Lifestyle Solutions customers at the Stanford le Hope Cricket Club from Aug 12-16. This is a co-production by TLS, the Stanford Rec User Group, Stanford le Hope CC, Cricket for All and Essex CCC. This will include table Cricket (hence the table tennis table being placed at the Stanford Rec User Group Facility, but will also be used for table tennis with regular access for table tennis sessions, details to be confirmed).

The plan then is to hold regular table cricket sessions and start a mini-league and also start a disability cricket team for Thurrock via continued coaching sessions.

Some of the potential participants went to see Essex play England with discounted tickets thanks to TLS, all had a wonderful day at the game.



Football:

Thurrock Lifestyle Solutions customers team took part in its first tournament some weeks ago and was an enjoyable day for all, We played 5 games and MENCAP beat us 1-0.

The Thurrock Lifestyle Solutions customers team are in the pipeline to join Basildon Soccability Academy. The Football team are still training locally but are doing fitness and team building drills rather than having a kick-about

Archery (soft)

Thurrock Lifestyle Solutions holds regular sessions on Wednesday mornings, coached by Trevor Rawson, this is held at the Stanford Rec User Groups Facility at the end of Grove Rd. The Mayor attended most recent session held on 31st July.

Real Archery at Barleylands:

On Aug 10th at 10am and 2pm the Archery club are holding taster sessions, Thurrock Lifestyle Solutions will hopefully be proving transport for interested customers, details to be confirmed.

Lawn Bowls:

On Wednesday afternoons we have sessions at the Blackshots bowls green with many Bowls players volunteering their time to come and support and coach our



customers

Tennis:

Anyone wanting free access to tennis courts, the Stanford Rec User Group have two open that are free to use. They are located on the Rec and parking is at the end of Grove Rd, SLH.

For more details and to get involved, contact: **John Harris Active Lifestyle Enabler, Thurrock Lifestyle Solutions, (Community Interest Company)**
www.choiceandcontrol.co.uk | email jharris@choiceandcontrol.co.uk